

Item 1 - Oatmeal Block. Can be eaten uncooked.

Porridge. Crumble one third of block into box containing $\frac{1}{2}$ " water. Bring to boil and stir until porridge thickens and becomes smooth. Add margarine if preferred, or sweeten with barley sugar.

Item 2 - Meat Block. Can be eaten uncooked.

Stew. Crumble one third of block into box containing $\frac{1}{2}$ " water. Bring to boil and stir for about 5 minutes. Best when made "thin". Break a biscuit into the stew as desired. Flavour with salt to taste.

Item 4 - Chocolate. Eat as sweetmeat.

Biscuit and margarine eaten with chocolate makes an easily prepared snack.

Item 5 - Barley Sugar. Use when marching. Barley sugar can be used to sweeten beverages and porridge.

Item 6 - Tea/Sugar/Milk Mixture. The mixture dissolves completely in water. Empty one packet into $\frac{1}{2}$ -pint of boiling water and stir.

Item 7 - Soup Cubes. Crumble the cube into box containing $\frac{1}{2}$ " water. Bring to boil. Flavour with salt if necessary.

Item 8 - Drinking Chocolate. Empty the contents of the block into less than $\frac{1}{2}$ -pint of boiling water. Stir until dissolved.

Item 9 - Salt. Flavour food to taste.

When doing hard work, and when sweating vigorously, salt should be taken in drinking water. With the salt included in the food components, one-fifth of the packet per day is sufficient for most conditions.

Item 10 - Margarine. Use on biscuits, in porridge and, if desired, add to soups to improve the stock.

Item 11 - Cheese. In addition to being used uncooked, as an alternative, a biscuit can be soaked in water and fried with a layer of cheese on top.

Item 12 - Water Purifying Tablets. Use one tablet to one pint of water. Shake to disintegrate tablet and allow to stand one hour before drinking. There are sufficient tablets for 30-pints of water (NOT sea water).

Item 13 - Paludrine tablets. For prevention of malaria. Tablet to be taken daily

SURVIVAL RATION PACK - 48 HOUR.

If used efficiently, the pack will maintain a man, doing hard work, for two days. Water must be found and purified with the tablets provided. Sea water must NOT be used.

One of these packs will, if necessary, maintain a man up to a maximum of six days if he is not engaged in strenuous work.

It is possible for a trained fit man to march thirty miles a day for three days eating only the contents of one of these packs, providing he finds $2\frac{1}{2}$ -pints of water each day.

These packs are not intended to provide the sole means of food supply for long periods. After consuming three or four over a period of eight days, they would become too monotonous.

LIST OF CONTENTS

<u>Numbered</u>	<u>Unnumbered</u>
1. Oatmeal block	Packet of matches
2. Meat block	Toilet paper
3. 7 biscuits	Teaspoon
4. 2 bars chocolate	Bag for food
5. 16 barley sugar sweets	Bag for water
6. 4 packets tea/sugar/milk mixture	2 lengths copper wire
7. 6 soup cubes	Box with lid
8. 6 cubes drinking chocolate	
9. 1 packet salt	
10. 2 tubes margarine	
11. 1 packet cheese	
12. 2 packets water purifying tablets	
13. 6 tablets paludrine	

All food items except Items 6, 7 and 8 can be eaten uncooked.

INSTRUCTIONS FOR USE

Use the box as a cooking pot. Place the food in the bag provided when the box is used for cooking. The two lengths of wire make two "loop" handles for the box. The ends of a length of wire should be placed in the holes at one end of the box and bent in the form of a hook.

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ORIG COMP 056 OPI 56 TYPE 30
ORIG CLASS M PAGES 7 REV CLASS C
JUST 22 NEXT REV 2010 AUTH: HR 70-2

Water on survival kits provided as attachments to OFLA-11768

Dated 27 September 1955

- ① Number of kits - two
- ② exterior dimensions including packaging - $8\frac{1}{2}'' \times 5\frac{1}{2}'' \times 2\frac{5}{8}'' \times 5\frac{1}{8}'' \times 8\frac{1}{8}''$

From outside (before opening) appears to be non-ferrous (aluminum?) box that has been lacquered. This lacquering seems to be in two layers. First layer red & second layer silver color.

One kits has perfect coating with no holes or scratches. Second kits coating has 7 holes varying from $1\frac{1}{4}'' \times 1''$ to $\frac{5}{8}'' \times \frac{5}{8}''$. Six (6) of these holes are at corners,

- ③ Total weight 3 lbs
- ④ Thickness of coating = .020 inches

18
23
18
29
20
103
21
5103
10

$18 + 23 + 18 + 29 + 20 = 103\frac{1}{5} = .021$

ORIGINAL CL BY 23 57 79
DECL BY REVW ON 1/07/2010
EXT BYND 6 YRS BY SAME
REASON 3d(3)

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- ① Is pack intended for burial
- ② How many coats of plaster
- ③ How old are different packs

1000000000

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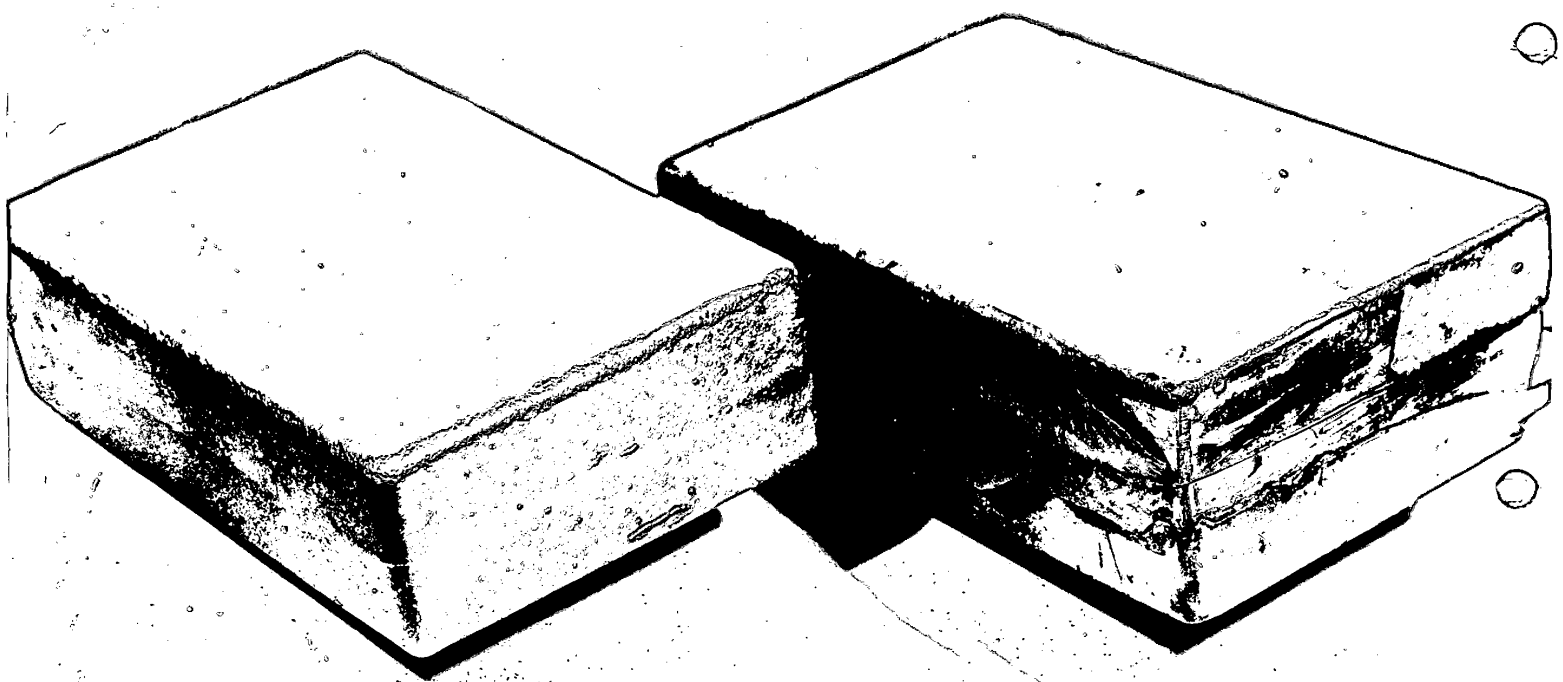
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